

09-14 Ford F-150 Diamond Back Bumper Installation Instructions. With Sensors Part #100-10-9010, With Sensors and Lights Part #100-10-9011



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Step 1: Remove OEM factory bumper.

Step 2: Align Frontier bumper to end of frame. Install bolts from the outside of Frontier Back Bumper through the bracket and the frame using 3/8" X 1-1/2" bolts, nuts, and washers.

Step 3: If an impact is used, drive the bolt and hold the nut. To verify that the bolts are tight, check with a wrench by hand.

Step 4: Attach license plate with 1/4" bolts, nuts, and washers.

Step 5: Sensor Ready models: If grommets are not already inserted in Frontier bumper then insert grommets into Frontier bumper. Remove sensors from OEM factory bumper and insert them into grommets.

Note: Periodically check bolts to ensure that bolts remain tight. Also, before using with a trailer, check bolts to ensure that bolts are tight.

Bolt Bag Contents

| Quantity | Description |
|----------|--------------------------------------|
| 6 | 3/8" X 1 1/2" Bolts |
| 6 | 3/8" Hex Nuts |
| 6 | 3/8" Lock Washers |
| 12 | 3/8" Flat Washers |
| 2 | 1/4" X 1" bolts |
| 2 | 1/4" hex nuts |
| 4 | 1/4" flat washers |
| 4 | 1/4" lock washers |
| 4 | Grommets (Sensor Ready bumpers only) |
| 46 | Total Pieces |